

439th TAW's 10th Year at Westover

PATRIOT

439TH TACTICAL AIRLIFT WING (AIR FORCE RESERVE)

WESTOVER AIR FORCE BASE, MASS.

Vol. XII, No. 4

April 1984

Ferguson named New Commander

By Capt. Philip Weber

The Air Force has announced that Col. Jack P. Ferguson has been named the new commander of the 439th Tactical Airlift Wing at Westover.

A former base commander at Westover from 1974 to 1976, Colonel Ferguson assumed the top military post at the Western Massachusetts Air Force base on April 1.

A career navigator with over 7,000 flying hours, Colonel Ferguson returns to Westover after serving as commander of the 512th Military Airlift Wing, the C-5 reserve associate unit at Dover AFB, Del.

Speaking of his new assignment, Colonel Ferguson said, "It's a complete rounding out for my career. My wife and I are looking forward to returning to the base where I had my first command. We have nothing but fond memories of our last tour at Westover and are looking forward to reacquainting ourselves with both the people in the community and those that work on the base."

When Colonel Ferguson left Westover in August 1976, he became the first navigator to command an Air Force Reserve tactical airlift unit, the 908th Tactical Airlift Group at Maxwell Air Force Base, Al.

Since that time he has been assigned



Col. Jack P. Ferguson

as the vice commander of the 302nd Tactical Airlift Wing at Rickenbacker AFB, Ohio in September 1977 and the 512th Military Airlift Wing at Dover in 1979.

Born on April 22, 1934 in Pontiac, Michigan, he completed high school in Auburn Heights, Michigan and attended Lawrence Institute of Technology in Highland Park, Michigan.

He entered the Air Force in January 1954 as an Aviation Cadet assigned to Ellington AFB, Texas. After completing navigator training, he was commis-

sioned a second lieutenant in March 1955.

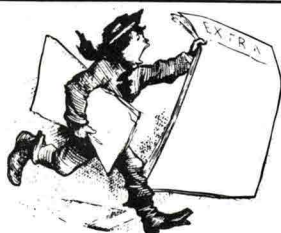
With over 30 years active and reserve military duty to his credit, Colonel Ferguson's awards include the Legion of Merit, Meritorious Service Medal, Vietnam Service medal, Outstanding Unit Award, Combat Readiness Medal, National Defense Service Medal, Air Force Longevity Service Award Ribbon and the Armed Forces Reserve Medal.

Aerial Port Units from MAPS to APS

The Air Force Reserve has redesignated two of the aerial port units at Westover. As of March 1, the 58th and 59th Mobile Aerial Port Squadrons have been redesignated the 58th and 59th Aerial Port Squadrons.

The change will have no effect on their gaining command, the two remain assets of the Military Airlift Command in the event of mobilization. The change comes following a reevaluation of the wartime tasking of their aerial port units by the Military Airlift Command.

According to Maj. George Caldwell, Wing Resource Plans Officer, "There are two significant changes taking place. First of all, they have deleted the requirement for fleet services and the records section. At the same time, they have added a requirement for an air terminal operations center, cargo processing and ramp processing. The change will have no effect on the manpower assigned to the two units. It will be just a matter of shifting a few people to new assignments."



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Lexius says 'I do' to wife for second time

By Capt. Rick Dyer

Several months ago, Chuck and Karlene Lexius exchanged vows during their wedding ceremony.

During the March UTA, they were involved in a second ceremony at Westover. This time, however, the words "love", "honor" and "cherish" were replaced by "preserve", "protect" and "defend" in the vow that was spoken.

Chuck, a technical sergeant with the 337th TAS, reenlisted last month, and he didn't have to look very far to find an officer to administer the oath.

Karlene, a captain with the 74th AES, was tickled pink to preside at her husband's ceremony.

"I was delighted to do it," Karlene said later. "After all, the Air Force Reserve brought us together. I met Chuck here at Westover."

Base personnel officials believe that it was the first time that a wing member was given the enlistment oath by his wife.

The ceremony also had its humorous side. "This has to be the only time when it's OK for a guy to swear at his wife," one onlooker quipped. "Chuck is the first person I know who kissed the officer who enlisted him," said another.

The newlyweds, who sometimes fly together on missions, reside in Berlin, Conn. In civilian life, Karlene is a

visiting nurse in Bristol, Conn. and Chuck works at the Hartford, Conn. Superior Court.



Capt. Karlene Lexius of the 74th AES administers the enlistment oath to her husband, TSgt. Charles "Chuck" Lexius of the 337th TAS during recent ceremonies at Westover.

(USAF photo by SSgt. Debbie Elliot)

THE PATRIOT is an Official Class II U.S. Air Force newspaper published monthly for the personnel of the 439th Tactical Airlift Wing, Westover AFB, MA 01022. Opinions expressed herein do not necessarily represent those of the U.S. Air Force.

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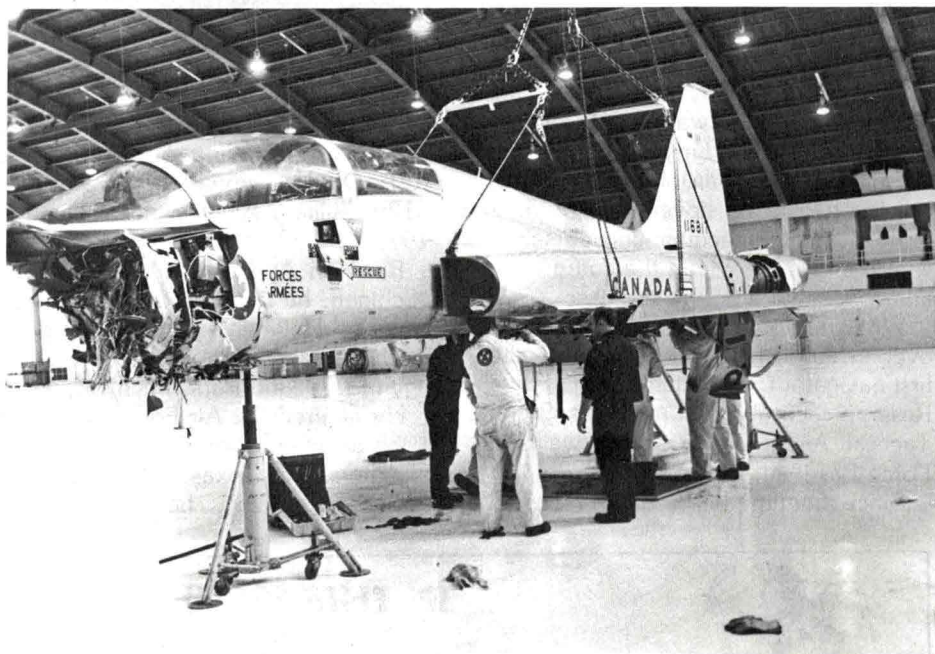
SSgt. Deborah Elliot

SSgt. Carmen Burgos

Sgt. Kathleen Lincoln

Ms. Jo Pothoff

Preparing for return trip home



A crew from the Canadian Forces Aircraft Maintenance Development Unit, Trenton, Ontario spent a week dismantling the CF-5 which had crashed at Westover on Dec. 22. The aircraft was loaded on a flatbed truck and returned to Canada where it will be stored until a decision can be made whether to salvage the aircraft.

(USAF photo by Jo Pothoff)

14th AF Senior Enlisted Advisor Visit

Van Meter urges greater role for NCOs

by MSgt. Larry Lentz

An imminent increase in the number of AFRES missions and personnel were predicted by the top enlisted airman in the 14th AF during his recent Westover visit.

CMSgt. Stan Van Meter, 14th AF senior enlisted advisor, conducted his annual visit during the March UTA.

"I came to Westover to look at the professionalism of the NCOs. It's here — as it always has been," said the chief. "Whenever I go to one of our 25 units throughout the command, I try to emphasize and bolster the spirit and willingness of NCOs to take on new responsibilities. That attitude is alive and well at Westover. For example, I'm very impressed with the many sergeants enrolled in the NCO Academy on base and their desire for additional leadership qualifications."

"We're expecting considerable growth within AFRES, both in additional missions and in the number of people," he continued. "That increase will mean more work and more responsibility for those already in uniform."

"That's why we're pushing for greater participation by the NCOs," he added. "In fact, future promotions will no longer be based on longevity. Rather, senior sergeants will be evaluated for their ability and potential for greater involvement."

"We can't continue to rely on fewer



CMSgt. Stan Van Meter discusses proposed changes that will effect AFRES NCO's with CMSgt. Jack Murdock.

(USAF photo by MSgt. Larry Lentz)

people to do most of the work," Chief Van Meter said. "Nor can we allow others to assume a greater share of the responsibilities. Senior NCOs will have to increase their training programs to

equalize the workload among other sergeants. We'll also have to take full advantage of the opportunities to share in the leadership of the Air Force Reserves."

Base advisory council answers concerns

The recently restructured Base Advisory Council has received new impetus to serve as the base-wide forum for the discussion and resolution of problems effecting the quality of life for all Westover reservists, reports Col. Roy Ayers, base commander.

These discussions will begin at each unit or squadron. There, the commander, first sergeant and the Base Advisory Council member, who was appointed by the commander, will meet each month. "Those three make up the Unit Advisory Council," explains Colonel Ayers. "This working nucleus gives

the commander an opportunity to become better aware of personnel concerns and take action within his authority.

"Issues that cannot be resolved at that level will be presented to me as the council manager. If appropriate, I'll add their issue to the agenda of the next bi-monthly council meeting."

The council will be chaired by the wing commander and consist of the unit representatives, the base commander, chief of social actions, the senior enlisted advisor, a chaplain, the base consultant for military women and one unit

first sergeant.

This group will discuss areas of mutual concerns and, when necessary, request the proper functional manager to respond or resolve the problem.

"The council is not intended to replace the chain of command nor should it be used to 'jump the command.' Nor, is it a vehicle to vent personal gripes," continued Colonel Ayers. "Rather, we hope the Base Advisory Council will become an excellent medium for the commander and his personnel to exchange ideas and cultivate new ones."

PATRIOT PEGASUS

Bringing the wing

**Photos and Story by
Sgt. Deborah Elliot**

Patriot Pegasus, a tactical training exercise held at Pope AFB Feb 17-19, was as Col. James P. Thomas, Westover's deputy commander for operations, called it, "a wing get-together". "The tactical training weekend gave our Niagara and Pittsburgh units a chance to work with the rest of the 439th," he said.

The 914th and 911th TAGs each flew one C-130A into Pope Friday, Feb 17, joining Westover's four C-130Es.

On Saturday and Sunday, crews flew three routes over unfamiliar North Carolina terrain, followed by airdrops and recoveries and shortfield landings. They flew the same route twice on Saturday, once during daylight and once at night. On Sunday, a third and different route was flown.

Members of the 337th TAS took turns throughout the weekend planning different aspects of the exercise. Navigators planned the routes while pilots briefed aircrews before each flight on weather conditions and landmarks. They also assigned callsigns and positioned each aircraft in the formation.

"It's extremely important that each aircraft in a formation know exactly what's taking place at all times," said Lt. Col. Walter "Doc" Holiday, mission commander, "and it's the flight planner's responsibility to coordinate these details."

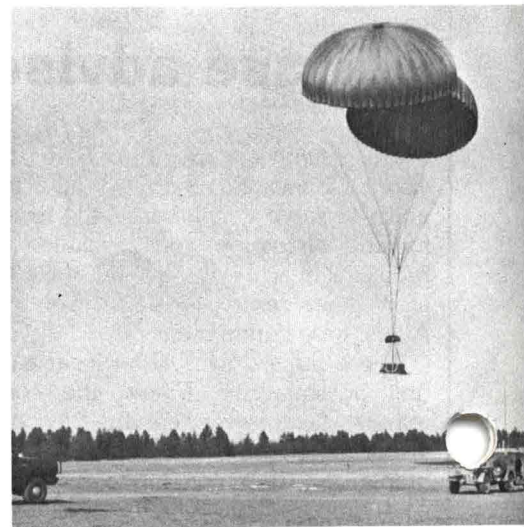
In addition to the aircrews, maintenance and aerial port, Westover's Airlift



TSgt. Paul Harrison, 337th TAS flight engineer, checks a dry bay in C-130 wing for fuel leaks prior to take off at Pope AFB.



1st Lt. Robert Carty, drop zone control officer, fills a weather balloon to be used to calculate wind speed on the drop zone.



Air drop heading for point of impact during P

g together

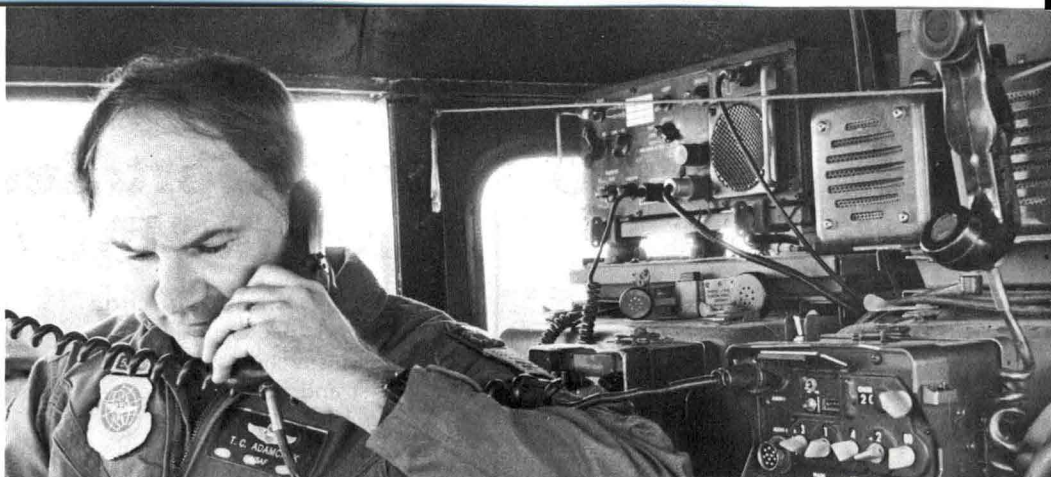
Control Element (ALCE), and other support personnel were also at Pope. "Practicing teamwork was an important part of this exercise which involved more than 125 people," said Colonel Holiday. "I'm pleased with the way all of our units worked together."

Patriot Pegasus, slated to be a quarterly exercise, "really showed our versatility," according to Lt. Col. Thomas Adamchak, a 337th pilot. He and 1st Lt. Robert Carty, also a pilot, were the exercise's drop zone control officers.

As part of their duties, they set up the point of impact (PI), a 35 x 35 foot letter aligned with the direction of the flyover. They also helped pilots determine wind direction and speed, and most importantly, made certain the drop zone was clear.

On Thursday night before most of the participants arrived, Westover's ALCE was busy arranging the details of their stay. "We're the first to come and the last to go," said Capt. Thomas Frisbee, ALCE commander. His team not only handled room assignments, transportation, and lunches for Pegasus participants but was also the control center for the exercise. After most had flown home on Sunday, ALCE members were tying up details and closed up shop.

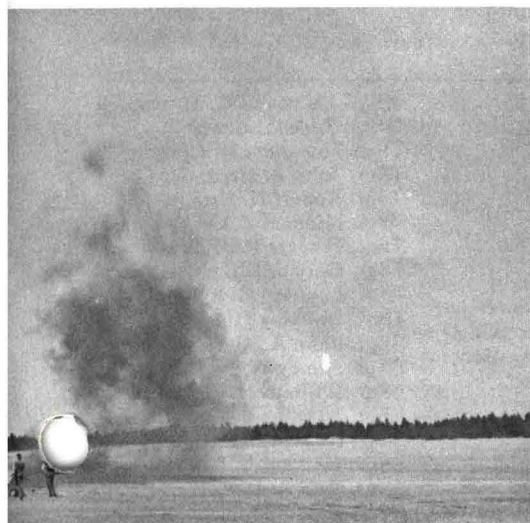
"The wing did very well," said Colonel Holiday at the end of the exercise. "We did what we said we would do, and we did it well."



Lt. Col. Adamchak clears air drops with Pope's range control center.



TSgt. Edwin Villareal gives a hand to 42nd MAPS cargo loading team pushing pallet onto a C-130 for the return trip to Westover. TSgt. Dianne Wise is operating the forklift.



Patriot Pegasus.

Chaplain's Easter Message

by Air Force Chaplain (1st Lt.)
Richard Miesel

The "Marathon" foot race traces its origin to the story of the Greek soldier who ran from Marathon to Athens to announce the news of a great victory over the Persians in 490 B.C. Easter, the premier festival of the Christian Church, has must the same character. Easter announces a great victory! This month Christians the world over will gather to celebrate the resurrection of Jesus from the dead, and in that celebration rejoice that God has won a decisive battle over the forces of sin, and evil, and death.

As part of our nation's military force we live with a unique sense of the fragmentedness and mistrust that exists among the peoples of the world. Our need to be ready for war reminds us in a powerful way of the present brokenness of God's good creation. We live in a world where many live in fear, or suffer injustice, or go hungry, a world where it seems death has great power.

How good, then, the news that the world's woundedness is not the last word! In the resurrection of Christ we have the down payment on God's future, a future where the creation is made whole again, where the tears are wiped from every eye, and where humanity lives at peace. Our heartfelt hope for peace and justice, and our service in their behalf are not in vain, but grounded in our trust in God's grace, and in the victory over death Christ has won.

May your celebration of Easter renew your hope, your courage for service in a wounded world, and your trust in God who wins the final victory.



Aerial port Reservists shiver through MAC/IG inspection

by Sgt. Sandra Michon

The 42nd MAPS underwent its first MAC/IG inspection since the merger of the 901st and 905th mobile aerial port flights in 1982.

The four-member inspection team tested the unit's ability to respond in a contingency situation to a forward operating base. Early Saturday morning of the March UTA, Capt. William Schoeck, 42nd MAPS chief of operations, received the scenario for the inspection.

"We were told what was needed and where it was going," said Captain Schoeck. "Then we had to figure out the best way to transport the loads. An added twist in the scenario was the assumption that the load destination was under chemical attack."

Reservists and inspectors alike shivered through the inspection as frigid

winds whipped around Nose Dock 36. The aerial porters, clad in chemical warfare gear, loaded their pallets under the critical eyes of the MAC inspectors. "They watch to see that we follow all required procedures and safety guidelines as we accomplished the scenario," explained Captain Schoeck.

"By Sunday afternoon, we were informed that we had passed the inspection," said Captain Schoeck. "We were pleased with the rating," he said. "I feel the merging of the aerial port flights has improved our performance. It has broadened our mission so therefore our function is more comprehensive. We will continue to place major emphasis on proficiency training to improve our ability to respond to wartime situations."

The 42nd MAPS has approximately 150 members and is the largest aerial port squadron in AFRES.

Security policemen honored

Two members of the 905th WSSF were recently cited by 14th AF for exemplary performance during 1983.

SMSgt. Ludwig Schwechheimer was selected as 14th's outstanding senior NCO in the security police field, while SSgt. Daniel Sklut was named the top airman in that category.

Sergeant Schwechheimer, the 905th's superintendent, is a 26-year veteran of the Air Force and Air Force Reserve. He resides in Newburyport, Mass. where he is a self-employed building contractor.

Sergeant Sklut, who joined the Reserve three years ago, lives in Shrewsbury, Mass. and is employed as a patrolman on the town's police department.

"They are both super troops," said Maj. Frank McCormack, 905th commander. They both go well above the call of duty in every assignment they perform."

The two Reservists will now represent 14th in the AFRES-wide security police competition.



Promotions Enlistments & Re-enlistments Congratulations

PROMOTIONS

Lt. Col. Edward L. Keins
Maj. Patrick J. Dery
Maj. Mary Lou E. Houle
Maj. Roger A. Peltier
1st Lt. David L. Maloy

ENLISTMENTS

SSgt. Bruce Z. Cleveland
SSgt. Gary H. Readio
SSgt. Leo L.S. St Cyr Jr.
SSgt. Carl E. Winterle Jr.
SSgt. William D. Wolf
Sgt. Michale D. Goonan
SrA. Edmond D. Healey Jr.

SrA. Matthew T. Skot
A1C. Donna F. Hunter
A1C. Linda E. Wytrych
AMN. Cynthia H. Gallant
AB Kin M. Gomes
AB Cheryl A. Harper
AB Mary Kay Kotfila
AB Richard M. Lambert
AB William D. Ouimette
AB Kimla J. Palladino
AB Victor M. Roque

REENLISTMENTS

SMSgt. James E. Hughes

MSgt. Raymond C. Hitchcock
MSgt. Todd A. Scott
TSgt. Lawrence D. Cincotta
TSgt. John A. Cruz, Jr.
TSgt. Robert N. Lareau
TSgt. Michael J. Lee
TSgt. Francis P. McElwee
TSgt. Gary W. Pike
TSgt. Leonard B. Scammons
TSgt. Douglas L. Smith
SSgt. John A. Aukstikalis
SSgt. James W. Beckwith, Sr.
SSgt. William H. Gaites III
SSgt. Thomas E. Geneczko
SSgt. Henry Grace
SSgt. Michael V. Greco
SSgt. Paul A. LeMay
SSgt. Cheryl M. Mathieu
SSgt. William O. McGhee
SSgt. Zigmund D. Skawaki
SSgt. Myron W. Spencer
SSgt. David L. Wells

905th Comm flight completes COB training

by TSgt. Mark LaFrancis
905th CF

COB — the term normally is associated with corn. But in the 905th Communication Flight's case, it means work in the form of training and more training.

And, 905th members did just that Jan. 28 to Feb. 11 at Myrtle Beach AFB, S.C. where 22 members of the unit's Colocated Operating Base, COB for short, were put through their initial paces on what they would do if their unit was sent to another base in case of war.

"The training was an exceptional opportunity to train on new equipment and learn new concepts," said Capt. Stephen Gross, COB commander and communications officer for the 905th.

All reservists received classroom instruction in such topics as camouflage, surviving a nuclear attack and erecting a tent before receiving specialized training in their respective AFSCs. The classes were condensed, providing the 905th personnel with a challenge to learn the most information in the least time, Capt. Gross said.

For example, radio operations personnel were given a crash course in In-

ternational Morse Code with one operator learning as much as 10 words a minute in four days.

In addition, the reservists left a good impression on their active duty counterparts. "All the reserve personnel were helpful and very fast to 'catch on' to Standard Remote Terminal equipment and its operation here," said SSgt. James Lambert, NCOIC of the base communications center. "I was extremely pleased with the aggressive 'can do' attitude of the 905 CF." This unit has proven that the reserve forces in today's air force can and will do the job with positive results."

"Patriot People"

Name: Pamela J. Nelson

Rank: SGT

Age: 23

Address: Box 658, Chicopee, MA 01020

Unit: 439CSG

Position: Personnel Spec

Civilian Occupation: (Art) Personnel Spec

Favorite Food: Sandwiches

Favorite Beverage: Beer

Favorite Sport: Raquetball

Favorite Hobby: Needlecraft

Ideal Vacation: Deserted beach/house with someone special

Best Way To Relax: Bubble bath

Preferred Entertainment: Dancing

Favorite Celebrity: Miles O'Keefe

Favorite Music: Top 40's

Favorite Book: House of Seven Gables

Favorite Color: Blue

Favorite Car: 4x4 truck

Pet Peeve: Liars

Best Thing About Westover: Job

Worst Thing About Westover: Speed Limit



Commanders' Call

The following members of the 439th TAW received special recognition at the March UTA Commander's Call.

TSgt. Terrance I. Campbell received the Third Oak Leaf Cluster to his Air Force Commendation Medal for his service as Chief, Administration Branch, AFROTC, at Norwich University, Vt.

TSgt. Roy R. Brosseau, 905th WSSF, pinned on his First Oak Leaf Cluster to the same medal for his work as Security Supervisor with the 901st WSSF's Aero Systems Security Section.

Another First Oak Leaf Cluster was awarded to **TSgt. Judith A. Louer**. She served as Inventory Management Specialist in the 59th MAPS Supply Section.

Four Westover Reservists then received their Air Force Commendation Medals.

MSgt. Winfred Daily distinguished himself as the 905th WSSF's Security Supervisor for Aero Systems Security.

MSgt. Frederick Flood's service to the 439th CSG earned him his recognition.

In addition, **MSgt. Allen B. Misner** received his as NCOIC for 905th WSSF training.

Finally, **TSgt. Douglas A.E. Young** was recognized for his work as OJY Administrator and Fire Team Leader for the 905th WSSF.

An Air Force Achievement Medal then was presented to **MSgt. Martin T. Condon** of the 905th CES.

The degree of Associate in Applied Science was presented to the following wing members: **TSgt. Donald E. Anderson**, 905th CAMS (Aircraft Powerplant Technology); **TSgt. Robert E. Brown**, 905th CES (Metals Technology); **MSgt. Wayne R. Carter**, 905th MOBSF (Materiel Management); **SSgt. Richard Hirschler**, 42nd MAPS (Transportation and Traffic Management); **SSgt. Thomas M. O'Brien**, 905th CAMS (Avionics Systems Technology); **MSgt. David P. Rockwood**, 74th AES (Heating, Air Conditioning & Refrigeration); **SSgt. Mark A. Kenyon**, 42nd MAPS (Traffic & Transportation Management); and **TSgt. Teresa M. Testa**, 905th COMFLT; (Administrative Management).

News around the Reserve

... A new fuel-cell hangar for maintenance of the C-130 was dedicated at the 439th TAW's 911th TAG in Pittsburgh on Feb. 17. Congressman Doug Walgren and Brig. Gen. Alan G. Sharp, 14th AF commander, were among the guests of Col. William J. McQuade, 911th TAG commander. Designed for maintenance of aircraft fuel tanks as well as painting and cleaning aircraft, the hangar boasts several high-tech air and sewage filtration systems and a water/foam fire suppression system. Fed by its own 165,000-gallon water tank and pump house, this system can flood the building with foam in less than 30 seconds in case of fire.

... The Air Force will consolidate C-130 simulator training for Air Force Reserve crews flying all models of the C-130 at a single facility at Duke Field, Eglin AFB, Fla., in the fall of 1986. Such training is currently provided by the Reserve's 919th Special Operations Group at Elgin and 433d TAW at Kelly AFB, Texas. The proposed consolidation is precipitated by a the conversion of the wing at Kelly to a C-5 Galaxy transport unit in late 1985.

... Travel between the United States and Germany just got cheaper for active-duty, reserve and retired military members and their dependents. Air Force travel officials announced that the Retired Officers Association negotiated a new leave fare with Pan American World Airways for travel from Boston, New York City or Washington, D.C., to Frankfurt, Dusseldorf, Cologne, Stuttgart or Hamburg. The \$299 plus-tax one-way fare is 60 percent less than the regular coach-class fare. Trans World Airlines announced that it would match the new Pan American leave fare. Of particular significance, say travel officials, is that the fares are available to anyone with a valid military identification card. This includes active-duty, reserve and retired members and their family members with dependent identification cards.

Prescription for burnout

Ever feel like everything you're doing presents an obstacle — while on the job and even when you're supposed to be having fun? This is a clinical psychologist's description of a typical case of a debilitating disorder called "burnout."

Dr. Albert J. Bernstein, Ph.D., author and practicing psychologist, would prefer, however, that the disorder be called "rust."

"Burnout," he says, "conveys an image of someone being consumed rapidly by flames, but it's really more like a form of slow oxidation. It corrodes and freezes things."

Dr. Bernstein frequently conducts workshops on subjects such as stress management, burnout and dealing with anger.

Here is his prescription for avoiding burnout:

- Beware of the name "burnout" and the subtle mystique that surrounds the disorder. Realize that whatever the job conditions, your mental health is your responsibility. No person or job can *make* you burn out — you have to do it yourself.

- Know what your job goals are. Know what your priorities are, especially when conditions change. Your supervisor should provide this information initially. Ask for it.

- While you are working on goals and

priorities, divide your job into manageable segments that can be accomplished in a given amount of time. And before you do anything, know how much is enough.

- When problems arise, finding out whose fault they are is easy and even exciting, but definitely not productive. If at all possible, avoid any form of blaming in word, thought, or deed.

- Learn some technique to induce physical relaxation and practice it daily on the job.

- Schedule pleasant interludes and follow the schedule, no matter how busy things get. If at all possible, do something unexpected everyday.

- Pay attention to diet and exercise. Avoid extremes.

- Expect change and be flexible in response to it.

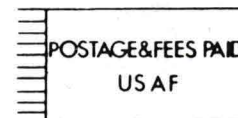
- See your job as a problem to be solved rather than a moral issue. Classifying events or people as right or wrong is the first step into trouble.

- If you're really serious about avoiding burnout, pick a partner and give that person the right to ask you embarrassing questions like: "What are you going to do about it?" This partner is definitely not someone to commiserate with and should, if at all possible, be a person who is not suffering from burnout.



HQ 439TH TACTICAL AIRLIFT WING (AFRES)
WESTOVER AIR FORCE BASE, MA 01022

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THIRD CLASS - BULK RATE